

ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΘΡΗΣΚΕΥΜΑΤΩΝ ΚΑΙ ΑΘΛΗΤΙΣΜΟΥ
ΚΕΝΤΡΙΚΗ ΕΠΙΤΡΟΠΗ ΕΞΕΤΑΣΕΩΝ ΕΙΔΙΚΩΝ ΜΑΘΗΜΑΤΩΝ
ΕΛΛΗΝΩΝ ΕΞΩΤΕΡΙΚΟΥ
ΚΑΙ
ΥΠΟΨΗΦΙΩΝ ΕΠΑΝΑΛΗΠΤΙΚΩΝ ΕΞΕΤΑΣΕΩΝ ΓΕΛ-ΕΠΑΛ
ΕΞΕΤΑΣΗ ΣΤΗΝ ΑΓΓΛΙΚΗ ΓΛΩΣΣΑ

13 Σεπτεμβρίου 2023

ΟΔΗΓΙΕΣ ΓΙΑ ΤΟΥΣ ΥΠΟΨΗΦΙΟΥΣ ΚΑΙ ΤΙΣ ΥΠΟΨΗΦΙΕΣ

1. Να απαντήσετε σε όλα τα ερωτήματα στο τετράδιό σας ακολουθώντας την αρίθμηση των θεμάτων ως εξής:
 - A1. 1. ...
2. ...
 - A2. Να γράψετε μόνο τον αριθμό του ερωτήματος και το γράμμα που αντιστοιχεί στη σωστή απάντηση, π.χ.
4. – A
5. ...
 - B1. Να γράψετε μόνο τον αριθμό του ερωτήματος και τη ζητούμενη λέξη.
10. ...
11. ...
 - B2. Να γράψετε μόνο τον αριθμό του ερωτήματος και τις ζητούμενες λέξεις.
15. ...
16. ...
 - B3. Να αντιστοιχίσετε τον αριθμό με το σωστό γράμμα και να γράψετε μόνο την αντιστοιχία, π.χ.
20. – A
21. ...
 - Γ. Να αναπτύξετε το ζητούμενο θέμα στο τετράδιό σας χωρίς να αντιγράψετε την οδηγία-εκφώνηση.
2. Να χρησιμοποιήσετε μόνο μπλε ή μαύρο στυλό διαρκείας και μόνο ανεξίτηλης μελάνης.

Καλή Επιτυχία

Διάρκεια εξέτασης: Τρεις (3) ώρες

Έναρξη χρόνου εξέτασης: Αμέσως μετά τη διανομή των θεμάτων

Δυνατότητα αποχώρησης: 17:00

A. Read the text below and respond to tasks A1 and A2.

Drawing is arguably the most ancient form of visual art — whether on the body or on stone. The earliest known drawing by a human was discovered in 2021 at the Blombos Cave, South Africa some 73,000 years ago. The medium of drawing is engrained in us all. It's our first means of expression and creativity, says Julia Balchin, principal of the Royal Drawing School, London: "As a child, before you can even talk, or walk or read, you can draw. So, it's often our first way of expressing ourselves."

Though drawing's popularity has "ebbed and flowed for centuries", Balchin identifies a deep ebb in the 1970s, when the academic art world saw it as "very unfashionable" — especially life drawing — and schools such as the Slade and the Royal Academy stopped teaching it. The Royal Drawing School (RDS) was set up in 2000 to address this, and be "a place where artists and people who wanted to draw could come to draw."

Drawing is enjoying popularity again — appreciated for its therapeutic qualities and the sense of "flow" it engenders, especially since the lockdowns during the pandemic. Student intake (online), at the RDS, doubled in 2020 from 1,000 students a week, and has grown steadily to 3,000 today, with life drawing accounting for more than half of its four modules: "I think that showed there was a real longing for human touch and contact," says Balchin. "If people couldn't be around other humans, they were drawing them instead."

Picking up a pencil or charcoal and mindfully making marks connects us to our haptic skills, or sense of touch, and offers a respite or rest from the relentless digital drain, which is important for mental health.

Malbert describes the purpose of drawing as "teaching you to look, and look at the world differently. If you register what you're seeing... you bring the world into consciousness in a very direct way. That is available to people who draw all over the world." Gilman believes drawing, in particular, offers "a relief from looking at screens, which we're so addicted to. A life drawing class, especially, forces you to look at the world — one not mediated through a screen — and translate that."

Adapted from
<https://www.bbc.com> (2023)

A. ΚΑΤΑΝΟΗΣΗ ΓΡΑΠΤΟΥ ΛΟΓΟΥ

(30 points)

A1. Answer questions 1-3, based on information from the text (max. 30 words each).

(3 x 4 points = 12 points)

1. What would be a suitable title for this text?
2. What is the purpose of the text?
3. What are the benefits of drawing?

A2. Choose the correct answer (A, B or C) for items 4-9, based on information from the text.

(6 x 3 points = 18 points)

4. Where is the text likely to appear?
A. An arts textbook. **B.** An art school pamphlet. **C.** The culture section of a newspaper.
5. According to the text, which of the following statements is TRUE?
A. Drawing is an innate ability we are born with. **B.** Drawing is a skill we develop throughout our lifetime. **C.** Drawing is something children do very well.
6. Drawing has
A. always been extremely popular. **B.** been going in and out of fashion. **C.** become popular with the Royal Drawing School.
7. The pandemic has made drawing popular because it
A. offered people a way of coming closer to each other. **B.** offered a chance for students to meet each other. **C.** helped cure mental diseases.
8. Which kind of drawing can have therapeutic qualities?
A. Mindlessly making marks on a page. **B.** Consciously making marks on a page. **C.** Life drawing only.
9. Drawing enhances our
A. observation skills. **B.** digital skills. **C.** translation skills.

B. ΓΛΩΣΣΙΚΗ ΕΠΙΓΝΩΣΗ

(30 points)

B1. Use the correct form of the following words (A-H) to complete the gaps (10-14) in the following text, as in the example. There are TWO words you do not need.

(5 x 2 points = 10 points)

A.	analyse	B.	visit	C.	ethic	D.	<i>begin</i> (example)
E.	moral	F.	render	G.	history	H.	weave

The example is in **bold** and *italics*.

The Origins of Storytelling

Storytelling has existed since the **(ex.) *beginning*** of time, and through it all, humans have **(10)** _____ tales of love, hate, **(11)** _____, and culture. With the advent of book printing — **(12)** _____ point to first-millennium China as the origin of the first printed text — people have been able to not only read entertaining and moving tales, but also **(13)** _____ them again and again, **(14)** _____ them classic books.

B2. Fill in the gaps with TWO words in the statements of column B, so that they are similar in meaning to the statements (15-19) of column A, as in the example.

(5 x 2 points = 10 points)

Example: Oh. I'm so tired. I can't wait to go on holiday!		Oh. I'm so tired. I'm looking forward to going on holiday!
COLUMN A		COLUMN B
15.	We should leave for the party now.	It's _____ we _____ for the party.
16.	The bank closed before I arrived.	When I got to the bank, it _____ already _____.
17.	"You should start a new hobby, Mr Jenkins", the doctor said.	The doctor advised Mr Jenkins to _____ _____ a new hobby.
18.	It is easy for the President to speak in public.	The President has _____ _____ speaking in public.
19.	You can't get into the club if you are under 16.	Teens under 16 are _____ _____ into the club.

B3. The paragraphs (A-F) of the following text on the importance of sleep have been jumbled up. Decide on the correct order by writing next to the number of each item (20-24) the letter of the corresponding paragraph. There is ONE option you do not need to use.

(5 x 2 points = 10 points)

- A.** Try to expose yourself to natural sunlight as soon as possible after waking up, as light is a powerful signal for your body clock. Physical activity in the morning can also help shift your circadian rhythm to align better with your daily schedule.
- B.** Your body thrives on routine. By going to bed and waking up at the same time every day, you train your body's internal clock, or circadian rhythm, to expect sleep at a certain time. This helps improve your sleep quality and reduce the time it takes to fall asleep. Try to maintain this schedule, even on weekends, to reinforce your body's sleep-wake cycle.
- C.** Sleep is an essential part of our daily lives. It restores our bodies, sharpens our minds, and keeps us healthy. As a high school student, you might find getting the right amount of quality sleep challenging, especially with your busy schedules, extracurricular activities, and inevitable study sessions that stretch late into the night.
- D.** We spend over a third of our time sleeping. But, unfortunately, for many of us, sleep isn't a simple ON/OFF switch we can just activate at a moment's notice. Do you struggle to sleep even though you feel tired and sleepy? Do you wake up in the middle of the night anxiously watching the clock, calculating how much time you've got to sleep?
- E.** In conclusion, good sleep is crucial for a high school student's cognitive function, emotional wellbeing, and physical health. By creating a consistent sleep schedule, having a pre-sleep routine, ensuring your sleep environment is optimal, practicing the right sleep position, maintaining a healthy diet, exercising regularly, and having a beneficial morning routine, you can improve your sleep quality drastically.
- F.** However, building good sleep habits can make a world of difference in your overall performance and wellbeing. Here's how you can optimize your sleep routine to reap maximum benefits.

20.		21.		22.		23.		24.	
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Γ. ΠΑΡΑΓΩΓΗ ΓΡΑΠΤΟΥ ΛΟΓΟΥ

(40 points)

TASK: A European tech magazine for its next issue is planning on including a feature on the topic "A week without internet and technology" and is asking its readers to contribute their opinions.

You decide to write an article (180-200 words) on the topic in which you:

- a) explain how technology and the internet have become an indispensable part of our everyday lives
- b) present how your life would change if you didn't use the internet or any other means of technology (e.g. smartphone) for a week.

Do not sign your article.

ΤΕΛΟΣ ΜΗΝΥΜΑΤΟΣ